

## CURRICULUM VITAE

# Karin Helmstaedt

Journalist, Presenter & Moderator

Contact: [mail@karinhelmstaedt.com](mailto:mail@karinhelmstaedt.com)

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Born 29.12.1966 in Fredericton, Canada

Resides in Berlin, Germany

Married, two children

Dual citizenship German/Canadian

Fluent in English, French, German

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## PROFESSIONAL EXPERIENCE

### TELEVISION

- |             |   |
|-------------|---|
| 2019 - 2021 | <b>Anchor of DW's daily Arts &amp; Culture News program</b>   |
| 2015 - 2019 | <b>Culture Correspondent for DW News (English/German)</b>   |
| 2003 - 2018 | <b>Presenter of "Euromaxx – Lifestyle Europe" (English/German)</b><br>DW's flagship magazine on culture and lifestyle |
| 1999 - 2003 | <b>Presenter of "Germany Today" – daily news magazine, DW-TV, Berlin</b>  |

### JOURNALISM

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|----------------|---|
| 1998 - present | Freelance Journalist/Presenter/Speaker at Deutsche Welle TV, Berlin   |
| 1998 - 2000    | Freelance coverage of landmark Doping Trials in Berlin, Germany   |
| 1997           | Co-author of prize-winning documentary film "Staatsgeheimnis Kinderdoping" (ARD) detailing state-ordered doping of minor athletes in the former East Germany  |
| 1997           | Press Officer, FINA Swimming World Cup (7-leg series in Beijing, Hong Kong, Espoo, Malmö, Glasgow, Gelsenkirchen, Imperia, Paris)   |
| 1993 - 2000    | International correspondent for Swimnews Magazine (Toronto), covered all major aquatic competitions, including World Championships (1994 Rome, 1998 Perth) and 1996 Olympic Games (Atlanta).                        |
| since 1993     | Freelance journalist & contributor to numerous publications (The Globe and Mail, National Post, The Irish Times, The Sunday Tribune, The Whig Standard, The Ottawa Citizen, L'Équipe, Newsweek, Sports Illustrated) |

## EVENT & CONFERENCE MODERATION (SELECTION)

- **EIT Manufacturing Summit** (Digital) 2020-2021, (Brussels) 2022
- **EPCA Annual Meeting** (Berlin) 2019, (Digital) 2020, 2021, (Berlin) 2022
- **DB Rail Leaders' Summit** (Berlin) 2012, 2014, 2016, 2018, 2022
- **EIT Raw Materials Summit** (Digital) 2020, 2021, (Berlin) 2022
- **Global Communication Summit** (Digital) 2020, 2021
- **Modern Building Alliance, Building Day** (Brussels) 2019
- **European Communication Summit** (Brussels/Berlin) 2011-2019
- **Identiplast Conference on the Recycling & Recovery of Plastics** (London) 2019
- **Polytalk Conference "Zero Plastics to the Oceans"** (Malta) 2018
- **EUBA "Benefits of the Bio-Economy"** (Brussels) 2018
- **Forest Stewardship Council GA** (Vancouver) 2017
- **European Railway Summit** (Brussels) 2014, 2016
- **Brewers of Europe, "Beer Serves Europe"** (Brussels) 2016
- **FoodDrinkEurope Congress 2015 at EXPO Milano** (Milan) 2015

## EDUCATION

1995	<b>Diplome d'Études Universitaires Générales (DEUG)</b> , Sorbonne, Paris
1991 - 1994	Lettres Modernes (French Literature), Université de Paris IV-Sorbonne
1990	<b>Bachelor of Arts (BA)</b> , University of Toronto
1989 - 1990	Literary Studies, McGill University
1985 - 1989	Physical & Health Education/Literary Studies, University of Toronto

## ATHLETIC HIGHLIGHTS

1984 - 1989	<b>Member of Canadian National Swim Team</b>
1985	Finalist, World University Games, Kobe, Japan
1986	Finalist, Commonwealth Games, Edinburgh, Scotland
1986	Finalist, World Aquatic Championships, Madrid, Spain
1987	Double BRONZE medalist, Pan American Games, Indianapolis, USA
1989	French National Champion for Canet 66 Natation, GOLD, 4x200 FR, Paris

## AWARDS & DISTINCTIONS

- 1987      **Angus Erskine Memorial Award** for Excellence in Athletics & Academics  
**Canadian Inter-University Athletics Union Swimmer of the Year**  
**Athlete of the Year**, Kiwanis Club of Kingston
- 2000      **American Swimming Coaches Association Media Award** for outstanding  
writing on Doping in the former East Germany
- 2007      Inducted into **Kingston & District Sports Hall of Fame**
- 2010      Inducted into **University of Toronto Sports Hall of Fame**
- 2011      Inducted into **Ontario Aquatic Hall of Fame**